



**Shiv Chhatrapati Shikshan Sanstha's
Rajarshi Shahu Mahavidyalaya, Latur (Autonomous)
Department of Biotechnology
A) Summary**

1) Title of Programme:		A Guest Lecture on Tarunai: Vat Valnachi-Towards Gender Equity and Social Empowerment		
2) Name of Organizing Department/Unit:		Department of Biotechnology		
3) Name of the Coordinator(s)/ Convener(s)/ Organizer(s) of the Programme:		Principal: Dr. Mahadev Gavhane Vice- Principal: Prof. S. N. Shinde Head: Dr. S. S. Kulkarni		
4) Date(s) of the Programme:		10 January 2024		
5) Venue/ Mode:		Seminar hall		
6) Target Group:		UG and PG students		
7) Number of Participants:		Male	Female	Total
A separate list with signatures be maintained in the department/Unit)	Teaching	00	00	00
	Non-Teaching	00	00	00
	Students	69	131	200
8) Name(s) and details of Resource Person(s), if any:		Dr. Manisha Barmade, Consultant Obstetricians and Gynecologist, Director of Barmade Hospital, Latur		
9) Total Expenditure for the Programme:		Nil		
10) Source of Funding:		Not applicable		

B) Report

I. Title:

Tarunai: Vat Valnachi-Towards Gender Equity and Social Empowerment.

II. Introduction:

"Tarunai Vat Valnachi" is a Marathi phrase that translates to "Towards Gender Equity and Social Empowerment." It refers to initiatives, programs, or movements aimed at promoting gender equality and empowering marginalized sections of society, especially women, youth, and other underrepresented groups. In the context of gender equity and social empowerment, this phrase underscores the importance of creating a society where all individuals, regardless of their gender, have equal opportunities for growth, development, and participation in various aspects of life, including education, employment, and decision-making processes.

III. Objectives of the Programme/ Issues Addressed

- To educate and sensitize the youth about the importance of gender equality, equal opportunities, and the elimination of stereotypes and biases.
- To encourage young people to challenge traditional gender roles and foster attitudes that support equal rights and opportunities for all genders.
- To conduct campaigns to raise awareness about social justice issues, gender-based violence, child marriage, and other social challenges that disproportionately affect women and marginalized groups. To demonstrate how these advanced techniques can be applied to real-world biological research.
- To promote programs that focus on the physical, mental, and emotional health of young women and marginalized youth, addressing issues like reproductive health, mental health, and nutrition.
- To encourage youth to work together across gender, caste, and class divides to build a more cohesive and supportive society.

IV. Details of Participants

Total Participants 131 Female and 69 Male attended the program.

V. Brief Summary of Events/ Sessions

Interaction with students and teachers was done by Dr. Manisha Barmade to discuss the importance of maintaining a healthy lifestyle. During the session, she emphasized the significant role that physical and mental well-being play in leading a fulfilling life. Dr. Barmade highlighted key factors such as balanced nutrition, regular physical exercise, adequate sleep, and stress management techniques as essential components of a healthy lifestyle. She encouraged the students and teachers to adopt simple yet effective habits that could positively impact their overall health, urging them to make small changes in their daily routines to promote long-term wellness. Dr. Barmade also stressed the importance of mental health, advising the attendees to seek help when needed and to engage in activities that reduce stress and improve emotional resilience. In addition to promoting a healthy lifestyle, Dr. Barmade also addressed the importance of maintaining dignity and respect in society. She spoke about the fundamental values of respect, kindness, and understanding that form the cornerstone of harmonious social interactions. Dr. Barmade encouraged students and teachers alike to uphold their dignity in all circumstances and treat others with fairness and empathy. She discussed how mutual respect fosters a positive environment, both in personal relationships and in professional settings. According to Dr. Barmade, the ability to maintain one's dignity while showing respect to others contributes to the creation of a supportive and cohesive society. She urged everyone to embody these values in their daily lives, emphasizing that respect is the foundation of building trust and unity within communities.

VI. Conclusion with Feedback on the Programme

"Tarunai Vat Valnachi" program plays a crucial role in promoting gender equity and social empowerment among young people, particularly focusing on the empowerment of women and marginalized communities. By engaging youth in addressing the social challenges of gender discrimination, inequality, and exclusion, the program provides a platform for them to actively participate in creating a more inclusive and equal society. Through its multifaceted approach fostering education, skill development, leadership, social awareness and advocacy the program not only empowers individuals but also promotes collective societal change. By dismantling harmful gender norms and providing marginalized youth with the tools, resources, and opportunities needed to thrive, the program is laying the foundation for a more equitable future.

VII. Appendix: List of participants

Date: 11. 01. 2025

HoD

Principal

C) Geotagged Photographs / Screenshots



Dr. Ade introducing the resource person Dr. Manisha Barmade of the program



Dr. R.B. Ade is felicitating & welcoming Dr. Manisha Barmade



Students attentively participating in a session led by Dr. Manisha Barmade on the "Tarunai Vat Valnachi" program



Dr. Manisha Barmade is having a group discussion with the student representatives



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Department of Biotechnology

Organizes

Tarunai: Vat Valnachi - Towards Gender Equity & Social Empowerment

Resource Person

Dr. Manisha Barmade

Consultant Obstetrician &
Gynaecologist
Director of Barmade Hospital, Latur



Dr. Mahadev Gavhane
Principal

Prof. S. N. Shinde
Vice- Principal

Dr. Sachin Kulkarni
Head, Dept. of Biotechnology

Date: 10 January 2025

Time: 11 AM

Venue: Seminar Hall